



Pattern A (Double Entry Only)

Event	MS Time	ES Time	Notes
Declamation	10 Min Max	8 min Max	NSDA Rules and guidelines
Impromptu	7 min total	7 min total	NSDA Rules and guidelines
Duo	10 Min Max	8 min Max	NSDA Rules and guidelines
Original Narrative	5 Min Max	5 Min Max	Please see Invite
Prose	7 Min Max	7 Min Max	NSDA Rules and guidelines
Heideman Original Narrative (Only for Heideman students not on the team)	5 Min Max	5 Min Max	Please see invite
Original Poetry/Slam	5 Min Max	5 Min Max	Original work, written by the student
Storytelling	5 Min Max	5 Min Max	NSDA Rules and guidelines
Spanish Interp (Prose, Poetry, HI/DI)	7 Min Max	7 Min Max	Scripted piece performed in Spanish

Pattern B (Single Entry Only) Please see guides for event rules

Road Runner Team Debate
Congress
Novice SPAR (has only competed in SPAR debate once before or this is their first time)
Open SPAR